

Meyer's Dusack: A Complete Introduction

Prerequisites: None

Required Equipment: A Dusack trainer of some sort, preferably non-metallic. Mask & gloves (whatever you feel comfortable with doing some high-intensity drills).

We will take a breadth-first approach through Meyer's Dusack material, starting with Meyer's Drills. We shall focus particularly on the footwork and the 4 cuts described in these first Drills. Next, we will briefly cover Meyer's Dusack guards and *perhaps* his named Hews (time permitting). Finally, we will go back to Meyer's 4th Drill to explore one of the most fundamental concepts underpinning Meyer's Dusack material (i.e. Provoker, Taker, Hitter) and to practice combining our footwork, bodywork & handwork.

Instructor Bio

Dustin Reagan has been fencing since 1989 and studying historical fencing since 2004. He is a veteran of the competitive HEMA scene, having participated in HEMA tournaments starting with Fechtschule America 2012, however, he is also known as an interpreter of historical techniques. Dustin especially enjoys the 'H' in HEMA, as it gives us a way to get in to the heads, and understand the lives, of people who lived hundreds of years ago, yet shared the same fascination with both the art and sport of fencing that we in the HEMA community have today. Although Dustin has the most experience with the KdF tradition of Longsword fencing, lately he has been focused on the Rapier & Dusack fencing described in the fencing manuals of Joachim Meyer.