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Respect our School

## Cymbrogi School of Western Martial Arts Code of Conduct Agreement

THIS AGREEMENT MUST BE SIGNED BY ALL WHO WISH TO PARTICIPATE IN ANY ACTIVITIES HOSTED BY CYMBROGI SCHOOL OF WESTERN MARTIAL ARTS.

Welcome to the Cymbrogi School of Western Martial Arts. The mission of our School is to provide instruction on the Historic European Martial Arts (HEMA) or Western Martial Arts (WMA). Even when done correctly, this type of instruction is inherently dangerous to all parties involved in its practice, and those participating must understand and accept a certain level of risk. This risk can best be mitigated through proper discipline within the School.

All members of the School are expected to adhere to this Code of Conduct while at the School or at outside events, and to hold each other accountable for maintaining an environment that is conducive to learning. It challenges us to embody the best martial and professional values possible when interacting with each other, the public and other members of the martial arts community. By doing so, those who adhere to it will better each other and our larger culture—indeed, these skills are taught with the good faith that those seeking them are also seeking to improve themselves. In this, it can be thought of as a modern “knightly vow.”

We expect excellence, more-so than what is expected by those outside of our School. Let your growth elevate you and set you apart. Strive to become a person that inspires respect in other martial artists, and to build a School that is the envy of the world.

### **Student Code of Conduct Expectations:**

#### Respect your Fellow Students

We of the Cymbrogi School of Western Martial Arts are brothers and sisters in arms. While we will naturally have differences of opinion on various topics, we are united in our common pursuit of martial excellence. Thus, maintain a positive intent when interacting with your fellow students, and focus on what unites you, rather than your differences. Don’t make this harder than necessary—refrain from inappropriate language and behavior, such as sexual innuendo, racist remarks, bias against other groups or threatening statements.

Support your fellow students’ progress. Be a good drilling and sparring partner—work at an intensity that both participants are reasonably comfortable with, and try to ensure that both participants are getting something out of the exercise. Afterwards, discuss your insights with your partner, and try to

