## Footwork and Range Management for Longsword Fencing

Most everyone in modern HEMA will tell you about the importance of good footwork, but how many of us train it sufficiently? Or are even able to define it? This class will cover the fundamental physical actions required for the performance of good footwork, while demonstrating how to piece these movements together to achieve the specific tactical goals of range management. You will leave this class with a theoretical framework for how to effectively apply range management in sparring and competition, and a variety of drills to help develop the skillsets necessary to apply what you have learned.

Required gear: Steel longsword feder/blunt, mask, gorget, light gloves optional, athletic cup optional

## Instructor Bio

Andrew Weems has been studying and practicing Liechtenauer's Kunst des Fechtens since the summer of 2007. Previously a head instructor and co-founder of Krieg School Denver, Andrew moved to Dallas in 2017 and formed the Dallas School of Historical Fencing. Beyond earning several medals over the years in Longsword and Sword & Buckler, he has a proven record of training high-performing fencers. His former students have gone on to become skilled fighters, instructors, and club-runners, earning medals at some of the most prestigious tournaments in North America, including Longpoint, PHO, RMK, CombatCon, and SoCal Swordfight, and the Baton Rouge Open.